

Wild Food Adventures

Outdoor Experiences Bring You Closer to Your Spirit

For lots more info visit: www.wildfoodadventures.com

8th Annual

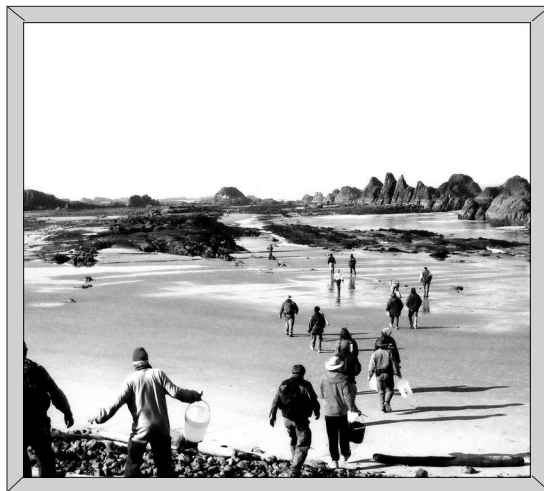
Pacific Coast

Native Shores Rendezvous

May 14 - 17, 2010

Intensive on the Role & Use of Coastal Edible Wild Plants & Shellfish in Everyday Life, Simple Living & Survival

\$330 (Discounts for Early Regist.)
Learn about coastal edible wild plants, shellfish, & sea vegetables. Gather important edibles from bays, inlets, rocky shores & tide pools, as well as coastal forests. We'll feast every night.



Native Shores was much better than I expected. Processing the food and making the feast was a precious experience, something I'll always remember...I wish I could have stayed longer. I had a wonderful time, I'm totally satisfied and looking forward to more."

Craig Nielsen

9th Annual

Hood River Valley

GingerRoot Rendezvous

June 18 - 21, 2010

Intensive on the Role & Use of Inland Edible Wild Plants in Everyday Life, Simple Living & Survival

\$330 (Discounts for Early Regist.)
Travel between the magnificent Columbia River Gorge and the picturesque snow-capped Mount Hood in search of wild foods for meals. We'll feast every night.



GingerRoot was a wonderful event in every way. The setting was beautiful, and the information was excellent. We were exposed to a great depth & knowledge of wild foods and ethnobotany. And our wild edible meals were great too!"

Anne Weise



John Kallas, your guide, is a trained botanist, nature photographer, writer, researcher, and teacher. John has led expeditions on wild foods for 30 years. He publishes the Wild Food Adventurer newsletter and the Wild Food Primer. ...and yes, this is his full time job.

What to Expect

- ✧ Gain practical experience with important wild foods.
- ✧ Learn how Native Americans made a living off the Earth.
- ✧ Debunk misinformation in popular literature and the Internet.
- ✧ Eat lots of delicious wild foods that you help prepare yourself.
- ✧ Share cumulative experience & knowledge of all the participants.
- ✧ Learn how wild foods can be incorporated into today's everyday diet.
- ✧ Have fun in a great adventure you'll remember for the rest of your life.
- ✧ Make friends with people who are interested in the same kinds of things.
- ✧ Spend 4 days learning more than you might learn in 4 years on your own.

Both Events are Sponsored by John Kallas, Ph.D., Director, Wild Food Adventures, Institute for the Study of Edible Wild Plants & Other Foragables
4125 N Colonial Ave Portland, OR 97217 (503) 775-3828 Info, Registration Forms, Discounts & Maps at: www.wildfoodadventures.com

